



Business:	Ref:	Business:	Ref:
Atlantic House	32	NEMS	13
Baltic House	30	Premier Waste	23
Berth 1	1	PTA	6
Berth 2	2	PTA	7
Berth 3	3	PTA	8
Cast Tech Ltd	33	PTA	11
Cemex	24	PTA	14
Compass House	28	PTA	16
Empty	12	PTA Warehouse	20
Ford Components	18	PTA Warehouse	21
JML	36	Sextant House	25
JT Doves	10	Shed 2	5
Keel House	26	Shed 3	4
Linde Gas	35	Shed 5	9
Lloyd's	31	Sherburn Stone	17
Maritime House	27	Sola-Solv	34
MH Southern	15	Tarmac	22
Navigation House	29	UTS	19

- Directions -**
- From the A19 South:**
    - Follow the A19 to the roundabout with the A185 - take the 3rd exit.
  - From the A19 North:**
    - At the 1st roundabout on exiting the Tyne Tunnel take the 2nd exit to the A185.
    - Follow the A185 towards South Shields ...→
  - Jarrow Slake entrance is on the left, opposite the entrance for Bede Industrial Estate.
  - For the Tyne Dock entrance, carry on along the A185 past the roundabout at the junction of the A194.
  - The entrance is the 1st exit at the next roundabout.

**Jarrow Slake gate opening times:**

Mon - Fri - 24 hours  
 Sat - Until 12 noon  
 Sun - Closed

**Key:**

- ← Preferred Route
- M Metro Station